

OUT OF DOORS

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Bodhiheart

RELEASE DATE: JANUARY 14, 2023

FILE UNDER: PIANO WITH NATURE SOUNDS

In this follow-up to the acclaimed *Love Rules*, Bodhiheart explores the output of one of its primary voices, pianist Wells Hanley, coupled with the work of field recordist and producer Matt Wyatt.

Here, the sounds of nature inspire tranquility and provide a lush canvas for Hanley's introspective yet expansive piano improvisations.

The two musicians began their collaboration over a shared love of poetry, and Hanley cites the poems of Rumi as a touchstone for this collection of improvisations; "Rumi wrote about the ecstasy of being in nature, or in the presence of a loved one, or anywhere just beyond the noise of the world, in communion with the Self. Each of the improvisations on this album was recorded after a period of meditation and came out of that profound silence which is both utterly still and joyously ecstatic."

This new offering from Bodhiheart carries the same core intention as their esteemed first release, *Love Rules* - to provide a spacious and heart-centered sonic environment that encourages contemplation, renewal, and healing.

"From first listen I found these pieces riveting. At once tranquil and exhilarating, they are simple and complex, somber and brilliantly shining. Every sound, every note—even the most unanticipated—seems as though it was utterly inevitable."

– Matthew Labarge, composer and pianist



TRACK LISTING

1. Departure (Wells Hanley) [2:23]
 2. First Signs of Spring (Wells Hanley) [5:38]
 3. The Rainy Season (Wells Hanley) [5:12]
 4. Daybreak (the Sun) (Wells Hanley) [5:30]
 5. Derecho (Wells Hanley) [5:48]
 6. Migration (Wells Hanley) [7:53]
 7. Snow Melt (Wells Hanley) [4:20]
 8. Creek Song (Wells Hanley) [5:55]
 9. Midnight (the Moon) (Wells Hanley) [5:09]
 10. Ocean, Sand, Skin (Wells Hanley) [5:47]
 11. Summer Storm (Wells Hanley) [6:26]
 12. Other Worlds (Wells Hanley) [8:14]
- Total Running Time: 1 hour, 8 minutes

CREDITS

Wells Hanley, piano
Matt Wyatt, field recordings and Moog
Production and mixing: Matt Wyatt
Additional piano mixing: Matthew Labarge
Mastering: Alan Silverman
Cover Art: Tawni Franzen
Photo Credit: Juan Davila
Blue Yarn Records

For Sale on Bandcamp:

<https://bodhiheart.bandcamp.com/album/out-of-doors-meditations-for-piano-and-nature>

WELLS HANLEY

Pianist Wells Hanley is a seasoned veteran of the jazz, rock, folk, and musical theater scenes, having performed at the Montreux Jazz Festival, the Spoleto Festival, and other major clubs and festivals all over the US and Europe. His performance and recording credits include collaborations with artists across varying genres, including Dave Matthews, Wynton Marsalis, David Liebman, Bob Moses, and Tom Wopat.

Hanley's nearly 30 years of meditative experience in the Western Mystery Tradition coupled with his interest in psychology and Jungian studies have informed his intentional use of music for healing and have inspired his gradual movement from the stage into more intimate one-on-one environments.

He marries his two passions of music and healing through private coaching sessions, collaborative songwriting, and public workshops such as "healing trauma through song" which was offered at the Psychotherapy Networker Symposium. A sought after teacher and creative coach, Wells has taught at The New School in New York, the University of Virginia, and Virginia Commonwealth University, where he currently leads classes on jazz piano and improvisation.

In addition to his work as a core member and pianist of the meditative crossover duo Bodhiheart, Wells is creator and host of the podcast, I Wrote this Song for You, which pairs true stories with original music in a unique and intimate format. His songs are also featured on episodes of "Shadowland", a new mini-series by This Jungian Life podcast.

MATT WYATT

Matt Wyatt is a producer, composer, poet, and mixing engineer who works out of Tree and Booms Studio in Charlottesville, Virginia. Wyatt grew up enamored with free jazz improvisation, field recordings, percussion, and poetry, and his output reflects an intersection of these worlds.

Wyatt has worked as a performing drummer and percussionist for over twenty years, currently with Night Teacher and West of Wyatt. His solo recordings, released under his own name, feature his composition, songwriting, and field recordings. His most recent release, Boom and Bloom: Part 1 is available through WarHen Records.



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